

THE  
*Estuary*

Hotel • Spa • Restaurant • Deli

Valid 01 March 2026 to 30 October 2026

# DAY SPA




## Opening Hours


Monday  
to  
Thursday 09:00 AM  
to  
18:00 PM

Friday  
and  
Saturday 09:00 AM  
to  
20:00 PM

Sunday  
and  
Public  
Holidays 09:00 AM  
to  
15:00 PM

## Contact Us

 +27 (0) 39 311 2675

 +27 (0) 63 542 6019

 [spa@estuaryhotel.co.za](mailto:spa@estuaryhotel.co.za)

 [www.estuaryhotel.co.za](http://www.estuaryhotel.co.za)

Estuary Hotel and Spa,  
National Road,  
Port Edward, KwaZulu Natal  
4295

## MASSAGE EXPERIENCES

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### Classic Swedish Massage 60 min R 495

A relaxing and soothing full body massage which is great for beginners.

### Aromatherapy Massage 60 min R 550

Selected essential oils are used to reduce stress, relieve anxiety or invigorate mind and body.

### Hot Stone Massage 60 min R 595

The heated stones carry warmth deep into the muscles creating a comforting, detoxing massage.

### Deep Tissue Massage 60 min R 650

A deep pressure massage to relieve tension and detoxify. Perfect for the more athletic client.

### Head Massage 30 Min R 300

This massage is a great way to relax, as it can help release the tension of the day..

### Foot Massage 30 min R 350

A relaxing, softening foot soak followed by an intense massage.

### Back, Neck & Shoulder Massage

This massage targets and relieves tension in the shoulders, upper and lower back and neck.

30 min R 350

45 min R 400

60 min R 495

## NAIL EXPERIENCES

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Estuary Pedicure 60 min R 495

- Include Gel application R 595

Express Pedicure 30 min R 300

A foot soak with basic nail care  
Excluding Gel application

Estuary Manicure 45 min R 395

- Include Gel application R 475

Buff & Shine 20 min R 195

File, buff & shine.

Gel soak off 20 min R 120

Gel application 30 min R 250

## BANKING DETAILS

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Kindly note that ALL guests will be required to pay a 50% deposit to secure bookings.

Estusea CC

Nedbank Current Acc No: 101-152-7499

Branch Code: 198-765

Send POP to +27 (0) 63 542 6019

## MULTI TREATMENTS

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### Couples Retreat 120 min R 2200

Each person will receive a classic full body massage, Estuary Express Facial as well as an Estuary Foot Experience.

### Mum & Daughter Treat 90 min R 1400

Foot Cleanse, back, neck and shoulder massage and a customized 45 min Estuary Facial.

### Couples Hot Stone Massage 60 min R 995

The heated stones carry warmth deep into the muscles creating a comforting, detoxing massage.

### Couples Massage 60 min R 950

Indulge in a classic Swedish massage with your loved one in the luxurious comfort of our double treatment room.

### Deluxe Spa Ritual 90 min R 850

Full body massage and a choice of Estuary Foot Experience or Estuary Express Facial.

### Full Body Scrub 45 min R 495

Full Body Scrub, shower and an application of moisturizing body lotion with light massage.

## ADD ON

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Upgrade your massage with a selection of the following:

Add 30 min to your massage R 250

Add 15 min to your massage R 125

Add a back scrub R 150

Add a full body scrub R 300

Add Hot Stone treatment to your massage R 125

## FACIALS

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Estuary Express Facial 30 min R 350

An express Vinetherapy facial boost experience customized to your specific skin concerns.

Balancing Facial 60 min R 595

A deep-cleansing facial to gently remove surface impurities using a customized purifying mask while specially selected aromatic botanicals restore balance to the skin.

Hydrating Facial 60 min R 595

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

Melanovine Facial 60 min R 795

Ideal for environmentally damaged, hyperpigmented or problematic skin classifications. This treatment is potent in its approach to improve uneven skin tone while smoothing uneven skin texture and leaves the skin looking radiant and shine free.

