

Spa

AT THE
ESTUARY HOTEL



SPA PRICELIST 2016/2017

FACIAL EXPERIENCES

Dr Dermal™ Express Skin Treatment

R320 30 mins

Experience a flash skin boost, customized to your specific skin concerns.

Dr Dermal™ GLOW Skin Treatment

R495 45 mins

Reduce the signs of sun damage and premature aging with this customised skin treatment using this award winning, results driven cosmeceutical brand.

Theravine™ Balancing Facial

R480 60 mins

A deep-cleansing facial customized to gently remove surface impurities, followed by a personalized mask utilizing specially selected aromatic botanicals for restoring balance to the skin, leaving your skin soft and restored.

Theravine™ Hydrating Facial

R480 60 mins

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

Theravine™ Intensive Exfoliating Facial

R480 60 mins

A professional skincare treatment for mature, sun damaged, wrinkled skins as well as deep acne scarring or other facial scarring. This peeling consists of a natural fruit acid of deeper concentration than enzyme peelings but is still a safer alternative to harsh chemical peels and resurfacing treatments.

Aromavine Anti-Wrinkle Facial

R600 90 mins

Feel luxuriously pampered whilst enjoying a relaxing back, neck, shoulder, and scalp massage, before Muscle Relaxant ampoules are lavishly applied to your face in a specialized massage routine, targeting the superficial and deeper facial muscles to assist in reversing time ravaged skin. This results in the reduction of fine lines and wrinkles, leaving you feeling rejuvenated and restored.

Theravine™ Deluxe Anti-Aging Facial

R650 90 mins

A replenishing treatment assisting in reducing fine lines and wrinkles by implanting specialized boosters and serums to combat the signs of aging. The products contain active peptides, which help regenerate the skin's natural collagen and elastin. A plasticizing paradox mask is applied to further enhance the actions of the active ingredients – a true time interceptor.

NAIL EXPERIENCES

Oriental Spa Manicure

R285 45 mins

This treatment feeds the skin with anti-ageing and nourishing nutrients that lock in moisture, resulting in suppleness and elasticity. The result is youthful looking hands that are hydrated, replenished and protected. Hand exfoliation, cuticle care, nail shaping, hand massage, and polish application are part of the treatment.

Oriental Spa Pedicure

R320 60 mins

This classical pedicure is just the treatment that your tired feet need. It aids and protects your feet against common ailments. The experience is an intensive, relaxing and luxurious foot treatment. An exfoliation followed by cuticle care, nail shaping, foot filing, foot mask, foot massage and polish application are part of the treatment.

Kids Mani

R80

Kids Pedi

R80

Gelish Colour

R185

Gelish French

R200

Buff & paint

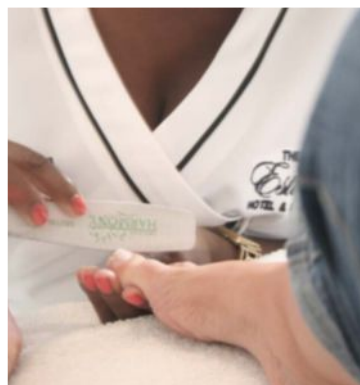
R80

Soak off Gelish

R80

Soak off Acrylic

R120



BODY EXPERIENCES

Let your mind drift off whilst you are cocooned in a comforting envelopment of fragrant oils and scientific wraps from our therapeutic range. Choose the wrap that will ease your concerns and float away during a relaxing scalp massage.

Theravine™ Luxurious Pinotage & Lime Salt Glow R320 30 mins

A luxurious ritual body scrub consisting of refined marine salts, grape extracts and honey, infused with lemon, lime, and sweet orange essences.

Theravine™ Relaxing Cream Body Wrap R480 60 mins

This luxurious anti-stress treatment places emphasis on total relaxation. Enter into a softly lit room with relaxing music in the background and drift away.

Theravine™ Recharge Clay Body Wrap R650 90 mins

A vibrant blend of essential oils will enliven your total being. Your body will be re-mineralized with warm clay, thereafter wrapped in a thermal blanket whilst the essential minerals thoroughly cleanse your body and stimulate cellular regeneration for enhancement of a smoother, hydrated and radiant looking skin - the ideal treatment for those in need of a boost.

Theravine™ Hair & Scalp Treatment R320 30 mins

Experience self-indulgence during an ultra-relaxing, stress-relieving scalp massage. A stimulating scalp tonic will be used, after which a conditioning hair oil will be applied, followed by an intensive hair mask, leaving your hair shiny and silk-soft.



MASSAGE EXPERIENCES

Indian Head Massage

R200 30 mins

An invigorating heated candle wax scalp, neck, and shoulder massage - allow the aromas of the candle to leave you feeling energized.

Hot Stone Back, Neck & Shoulder

R280 30 mins

A combination of healing hands and smooth volcanic rocks.

Classis Swedish Full Body Massage

R400 60 mins

A relaxing and soothing full body massage that increases oxygen to relieve tense muscles.

Aromatherapy Full Body Massage

R430 60 mins

Balinese Hot Stone Full Body Massage

R480 60 mins

A combination of healing hands and smooth volcanic stones is used to massage the body, increase circulation and ease muscular tension and stress

Aromavine Soil Candle Full Body Massage

R500 60 mins

Scalp, Neck & Shoulder Massage

R250 30 mins

Relax whilst feeling the expert hands of your therapist easing stress-related knots and melting away tension and anxiety that have built up in this body zone.

Musculavine Back Massage

R250 30 mins

Intensive massage and muscle reconditioning techniques are used to help relieve muscular tension, followed by the application of a refreshing circulatory gel.

Mom-to-be Full Body Massage

R380 60 mins

R380A completely relaxing full body massage using our safe but effective pre-natal techniques to relax those specific lower back muscles that are carrying that beautiful bump. Includes a wonderful neck and head massage.

Back Neck and Shoulder

R250 30 mins

Foot Massage

R200 30 mins

Mom-to-be Back Neck & Shoulder Massage

R200 30 mins

Kid's Back Massage

R150 20 mins

MULTI-TREATMENT EXPERIENCES

Theravine™ Deluxe Spa Ritual

R850 120 mins

Foot cleanse, Aromavine full body massage, Theravine facial

Let your body and face become the centre of attention, beginning at the soles of the feet and ending at the crown of the head – performing the ultimate in skin-therapy. This treatment begins with a foot cleansing ritual, followed by a relaxing AromaVine massage combined with a TheraVine facial. Relax in complete tranquility whilst receiving an acupressure scalp massage.

Theravine™ Face & Body Glow Experience

R850 120 mins

Full body scrub, full body massage, foot cleanse, face exfoliation

Prepare to indulge in our full sensory signature experience by sipping on a cup of anti-oxidant vine juice. After receiving a foot cleanse ritual, both face and body are exfoliated to ensure a natural, healthy glow. Relax whilst receiving a pampering face and body massage using AromaVine™ Pinotage oils. You are then embalmed in an extremely moisturising vine treatment cream to hydrate and nourish your skin. Awaken to a warm, botanical infused compress. Pure bliss.

Theravine™ Face Deluxe Pamper Package

R1300 4 hours

Foot cleanse, full body scrub, Aromavine full body massage, hair and scalp treatment, facial, pedicure.

Prepare yourself for the ultimate indulgence and stress release. To commence, you will enjoy a foot cleansing ritual followed by our crushed Pinotage honey and lime salt scrub. Melt away tension with one of our blissful AromaVine massages followed by a therapeutic hair and scalp treatment. The luxurious facial that follows is an intensive boost using vitamins, minerals, peptides and scientifically proven actives to hydrate, nourish and revitalize your skin. Finally, warm hydrating milk is poured over your feet to treat your skin and nails – followed by a pressure point massage which leaves you completely relaxed and rejuvenated.

Golfer's Retreat

R550 90 mins

A foot cleanse, followed by a foot massage, Indian head massage, and a back, neck, and shoulder massage.

Blue Bubble Pamper

R370 90 mins

Kids back massage, kids facial, mini manicure, mini pedicure, complementary milkshake will be served.

Couples Retreat

R2 100 per couple
4 hours

Each will receive: full body massage, Theravine facial, Spalicious pedicure, manicure includes a glass of bubbly each & a box of chocolates.

Mum & Daughter Bonding Special

R595 per person
90 mins

Back, neck & shoulder massage, foot treatment, Theravine appetizer facial.

WAXING SERVICES

The price below is subject to change depending on the amount of hair being removed

½ leg wax	R100	Eyebrow shape	R60
¾ leg wax	R125	Eyebrow tint	R70
Full leg wax	R150	Lash tint	R100
Bikini wax	R80	Eyebrow tint & shape	R110
Brazilian wax	R180		
Arm	R100		
Underarm	R70		
Lip	R30		
Chin	R30		

CANCELLATION POLICIES

48 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s)
- In a spirit of respect we kindly request punctuality.
- Ensure cellular phones are switched off.
- Prices are subject to change.
- Spa at the Estuary is not responsible for any theft, damage or misfortune that may occur.
- Please note that products bought at our spa are not refundable.

SPA MEMBERSHIPS

Join our spa today. Invest in yourself, reduce stress and stay well.
Contact our spa for membership options.

08:00-18:00 Monday - Sunday
Extended hours available on request.



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FOR BOOKINGS: Call us on 039 311 2675 or
email spa@estuaryhotel.co.za

www.estuaryspa.co.za