

Spa

AT THE
ESTUARY HOTEL



SPA PRICELIST 2018/2019

FACIAL EXPERIENCES

Theravine™ Appetizer Facial

R 350 30 min

An express Vinetherapy facial boost experience customized to your specific skin concerns.

Theravine™ Balancing Facial

R 525 60 min

A deep-cleansing facial to gently remove surface impurities using a customised purifying mask while specially selected aromatic botanicals restore balance to the skin.

Theravine™ Hydrating Facial

R 525 60 min

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

Theravine™ Mature Facial

R 555 60 min

Firm and visibly tone the skin whilst smoothing out wrinkles. Skin is left looking more radiant and uniform.





MASSAGE EXPERIENCES

Foot massage

A relaxing, softening foot soak followed by an intense massage.

R 250 30min

Back, Neck and Shoulder Massage

R 250 30min

R 350 45min

R 400 60min

HOT STONES MASSAGE

Back, Neck and Shoulder

Full body

The heated stones carry warmth deep into muscles, creating a comforting, detoxifying massage.

R 300 30min

R 500 60min

Classic Swedish Full Body Massage

R 400 60min

A relaxing and soothing full body massage that increases oxygen to relieve tense muscles.

Aromatherapy Full Body Massage

R 430 60min

Specially selected essential oils are used to ease stress, reduce anxiety or invigorate mind and body.



MULTI-TREATMENT EXPERIENCES

Luxurious Pinotage and Lime Salt Glow

R350 per person 30min

A luxurious, ritual body salt scrub, consisting of refined marine salts, grape extracts and honey infused with lemon, lime and sweet orange essences. Silky smooth skin prevails.

Body Buff Cleanse

R350 per person 30min

A gentle body exfoliation using grapeseeds in a botanical rich body cleansing cream. Feel invigorated and revitalized as your body is polished to glowing perfection.

Firming and Hydrating Body Gel Wrap

R730 60 min

A super hydrating treatment using firming actives and essential botanicals blended in an aloe-based pack. Drift away as you are cocooned in a blanket, revealing skin with greater firmness, tone and texture.

Recharge Body Clay Wrap

R730 per person 60min

A vibrant blend of essential oils of Clary Sage, Rose and Jasmine will enliven your total being. Your body will be re-mineralised with warm clay, thereafter wrapped in a thermal blanket whilst the essential minerals thoroughly cleanse your body and stimulate cellular regeneration for enhancement of a smoother, hydrated and radiant looking skin. An ideal treatment for those in need of a boost.

Golfer's Retreat

R 650 90 min

A foot cleanse followed by a foot massage, head massage and back, neck and shoulder massage.

Mum & Daughter Package

R 650 per person 90 min

Back, neck and shoulder massage, foot treatment & customised facial.

Deluxe Spa Ritual

R 950 120 min

Foot cleanse, full body massage & customised facial.

Full Body Glow Experience

R 1000 120 min

Full body scrub, full body massage & foot cleanse.

Couples' Retreat

R1800 120min

Each person will receive a full body massage, Appetizer facial, and Foot Cleanse.

Full Body Scrub

R400 40min

Followed by application of Body Beautifying cream.

NAIL EXPERIENCES

Nourishing Spa Manicure	R 300
Manicure and Pedicure Combo (105 mins)	R 500
Buff and Paint	R 120
Gel French	R 250
Gel With Basic Manicure	R 300
Gel Soak Off and Re-Apply	R 280
Acrylic/Gel Soak Off	R 150
Luxurious Spa Pedicure	R 320
Foot Cleanse	R250
Gel Application	R 230
Gel Soak Off	R 100
Gel With Basic Pedicure	R 330
Dipping System	R 380

WAXING SERVICES

1/2 Leg Wax	R 130	Chin	R 40
3/4 Leg Wax	R 150	Eyebrow Shape	R 70
Full Leg Wax	R 170	Eyebrow Tint	R 100
Arm Wax	R 100	Eyebrow Shape and Tint	R 150
Underarm	R 100	Eyelash Tint	R 100
Brazilian	R 200		
Bikini Wax	R 100		
Lip	R 40		



CANCELLATION POLICIES

48 Hour advance notice is required for cancellations and rescheduling.
If this is not adhered to 50% of treatment fee will be charged.

Late arrivals will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Booking in advance is recommended.
- Kindly arrive 15minutes prior to your scheduled treatment(s).
- In a spirit of respect, we kindly request cleanliness & punctuality.
- Ensure cellular phones are switched off.
- Prices are subject to change.
- Please note products bought at our spa are non-refundable.
- **No children under the age of 12 are allowed in the Spa.**
- Spa @ Estuary Hotel is not responsible for any theft, damage or misfortune that may occur.

08:00 -17:00

Extended hours available on request with 24 hours notice.

FOR BOOKINGS: Call us on 071 889 9378 or email spa@estuaryhotel.co.za
www.estuaryspa.co.za

